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	Opening Prayer
Sloka* (Hymn)	Meaning
VIGHNESWARA DHYANAM vakratunda mahakAya, koti sUrya samaprabha nirvighnam kuru me deva , sarva kAryezu sarvada <u>GURU DHYANAM</u> gururbramha gururviznuhu , gururdevo mahezvaraha gurus sAkzat para bramha ,	Remover of Difficulties The Lord with the curved trunk and a mighty body, who has the luster of a million suns, I pray to the Lord, who removes the bad obstacles from all the actions I intend to perform. Teacher (Gu-ru*) The gu-ru is Brahma; the Guru is Vishnu; the Guru is the great God Shiva. The Gu-ru alone is the supreme Brahman, the absolute.
tasmai srl gurave namaha	To the great Guru, I offer my salutations. * Note: gu means darkness or ignorance and ru means dispeller or remover. Thus guru literally means remover of ignorance.
<u>SARASWATHI DEVI DHYANAM</u> sarasvathi namastubhyam , varade kAma rupiNi vidyArambham karizyAmi , sidhir bhavatume sadA	<u>Saraswati – Goddess of Knowledge</u> I prostrate myself to goddess saraswathi, who fulfill all my wishes. I start my studies, kindly bless me so that I achieve perfection in studies.
<u>HAYAGREEVA DHYANAM</u> gnanAnanda mayam devam , nirmala spatikAkrutim Adharam sarva bhutAnam , hayagrIva mupAsmahe	<u>Haya-Greeva – God of Knowledge</u> I pray to lord hayagreeva who bestows the devotees with knowledge and wisdom. His beauty is like crystal,is an auspicious brilliance that never decays. Note: Haya-Greeva was an avatar or incarnation of Vishnu with horse-faced form to protect the Vedas (knowledge) from being lost

Note: The God can be worshipped in any 'Form' or 'No Form'. Just as the Flag is a symbol of a Nation, an Idol for the Hindu is symbolic of the God. A Hindu worships the God enshrined in the Idol, not the idol itself.

Please see the last few pages (from page 17) for Sanskrit pronunciation guide

Krishnashtakam (Eight verses on Krishna)

OM

Krishnashtakam, is a popular Hindu chant on Lord Krishna is comprised of eight slokas. Sloka recital: <u>http://www.prapatti.com/slokas/mp3/krishnamvande.mp3</u> (in typical mantra style**) Song Recital: <u>http://www.youtube.com/watch?v=i1Qm3s5e_a4</u> (recited as a song)

k	rishnashtakam
Sloka* (Hymn)	Meaning
vasudeva sutham devam,	I salute the world teacher Krishna,
kamsa cAnura mardhanam,	who is the son of Vasudeva,
devaki paramAnandham,	who killed Kamsa and chanura,
kriznam vande jagat gurum 1	And the source of great joy to Devaki.
atasl puzpa sankAzam,	I salute the world teacher Krishna,
hAra nUpura zobhitham,	who is surrounded by hemp flowers,
rathna kankana keyuram,	who shines in necklaces and anklets,
kriznam vande jagat gurum 2	And who wears gem studded bangles and armlets.
kutilalaka samyuktham,	I salute the world teacher Krishna,
pUrNa candra nibhananam,	who is with curly locks of hair,
vilasat kunDhala dharam,	who resembles the full moon,
kriznam vande jagat gurum 3	And who shines in his ear studs.
mandhAra gandha samyuktham,	I salute the world teacher Krishna,
cAru hAsam, cathur bhujam,	who is with the smell of Mandhara flowers,
barhi pinncava cUdangam,	who has a pretty smile and four hands,
kriznam vande jagat gurum 4	And who wears the feather of peacock
uthphulla pathra padamakzam,	I salute the world teacher Krishna,
nllaji mudha sannibham,	who has eyes like fully opened petals of lotus,
yadavAnAm ziro rathnam,	who resembles the rich blue cloud,
kriznam vande jagat gurum 5	And is the greatest gem among Yadavas.
rukmani keLi samyuktham,	I salute the world teacher Krishna,
plthambhara suzobhitham,	who is with the playful Rukhmani,
avAptha thulasi gandham,	And who shines in yellow silks,
kriznam vande jagat gurum 6	And who has the scent of holy basil.
gopInAm kuca dvandva,	I salute the world teacher Krishna,
kunkumankitha vakzasam,	who is coated with saffron powder of the gopis bosom,
sri niketham, mahezvasam,	And who is the home of lakshmi;
kriznam vande jagat gurum 7	and In whom the great God lives.
sri vathsAnkam mahoraskam,	I salute the world teacher Krishna,
vana mAla virajitham,	who has Sri Vathsa on his chest,
zankha cakra dharam devam,	who is deorated by forest garland,
kriznam vande jagat gurum 8	And is the God who holds conch and wheel.

** Courtesy <u>www.prapatti.com</u>

* From: <u>http://living.oneindia.in/yoga-spirituality/faith-mysticism/2010/krishnashtakam-english-janmashtami-vasudeva-030910.html</u> (Modified for pronunciation and meaning adjusted where needed)

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man-thra-puSH-pam (Prayer Flower)

ॐ (AUM)

yo-'pAm puSH-pam vE-da| puSH-pa-vAn pra-jA-vA'n pa-shu-mAn Bha-vati|

chan-dra-mA vA apAm puSH-pam| puSH-pa-vAn pra-jA-vA'n pa-shu-mAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 1||

ag-nir-vA ap-Am-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yo-'gner-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati| Apo-vA-agner-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 2||

vA-yur-vA ap-Am-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yo-vA-yor-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati| Apo-vai-vA-yor-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 3||

asou-vai-ta-pa-nnapAm-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yo-mush-ya-tha-pa-tha -Aya-tha-nam vE-da | Aya-tha-na-vAn Bha-vati| Apo-vA-amush-ya-tha-pa-tha-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 4||

chan-dra-mA-vam- ap-Am-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yas-chan-dra-ma-sa-Aya-tha-nam vE-da | Aya-tha-na-vAn Bha-vati| Apo-vai-chan-dra-ma-sa-Aya-tha-nam | Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 5||

naksha-trANi vA-ap-Am-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yo-naksha-trANAm-Aya-tha-nam vE-da | Aya-tha-na-vAn Bha-vati| Apo-vai-naksha-trANAm-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 6||

par-jan-yo-vA- ap-Am-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yah-par-jan-yasyA-ta-nam vE-da| Aya-tha-na-vAn Bha-vati| Apo-vai-par-jan-yasyA-ta-nam| Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-pAm-Aya-tha-nam vE-da| Aya-tha-na-vAn Bha-vati|| 7|| sam-vat-sa-ro-vA- ap-Am-Aya-tha-nam| Aya-tha-na-vAn Bha-vati| yassam-vat-sa-rasyA-ta-nam vE-da| Aya-tha-na-vAn Bha-vati| Apo-vai-sam-vat-sa-rasyA-ta-nam| Aya-tha-na-vAn Bha-vati| ya-evam vE-da yo-'psu-nA-vam-prathiSH-Ti-thAm vE-da| prat-yeva-thiSH-tathi|| 8||

Meaning Discussion (Courtesy & reprinted with permission from Sri Koti Shreekrishna Tatachar):

yah-apAm pu-SH-pam vE-da (*yo-'pAm puSH-pam vE-da*) one who knows the flowering (blessings) of the Lord.

After repeating hymn to myself over and over again, it dawned on me that the hymn is not referring to apAm as water, but something which is beyond or superior to everything. **Thus apAm = Supreme (Lord, Brahman) makes sense.** There is no question of apAm (Lord) arising from ag-ni (fire), vA-yu (wind), thapa-ta (sun), chan-dra-ma (moon), naksha-tra (stars), Par-jan-ya (rain), sam-vat-sara (time). It is the other way!

Notes: The peak performance of a civilization is called flowering. Flowering refers to active state (kinetic state), like we read in Bhagavad-gita, that there are active (3:22-23) and dormant states (8:17-19)].

Then it goes on giving examples of the blessings of the Lord, in other words examples of things sustained by the Lord.

chan-dra-mA vA ap-Am puSH-pam

The moon is a flower/blessing of the (brihat vRksham) Lord.

ag-nir-vA ap-Am-Aya-tha-nam

Fire is sustained by Lord

chan-dra-mA-vA ap-Am-Aya-tha-nam

The moon is sustained by Lord

- And so on and so forth – vA-yu (wind), tha-pa-ta (sun), par-jan-ya (rain/ cloud), sam-vat-sa-ra (time). One who knows what sustains these things which one can relate to (Moon, sun, wind, rain, time), will join the club (will realize you are not alone, some big daddy is watching out for you!).

appa (tamil for father) and aap (Hindi) for elders is like Sir, or Lord. Likewise, elders are called theertha rooparu in Kannada. Again note the the water-elder connection. Also Theertha sthala is the term used for sacred places.

So we can see how we can use Lord for water in this context. If we did not do it, then it would be like watering down or drowning the essence of that hymn.

** Translation from Sri Koti Shreekrishna's pu-ru-SHa-suktham translation.
http://www.ibiblio.org/sadagopan/sundarasimham/ebooks/Purushasuktham.pdf

* **Note:** The word Santi means "Peace". It is repeated three times at the end of the Shanti Mantras (Prayers for Peace) to signify Peace in the body, Peace in the mind and Peace in the Surroundings.

	Closing Prayer
Sloka* (Hymn)	Meaning
Om pUrnamadah pUrnamidam , pUrnat	That is Absolute, This is Absolute,
pUrnamudacyate,	Absolute arises out of Absolute,
pUrnasya pUrnamAdhaya ,	If Absolute is taken away from Absolute,
pUrnamevavazizyate,	Absolute remains
om zantih, zantih, zantihih	OM Peace, Peace, Peace*
om asato mA sadgamaya ,	Lead me from unreal to real,
tamaso mA jyotir gamaya,	lead me from darkness to light,
mrityor mA amritam gamaya ,	lead me from death to immortality.
om zantih, zantih, zantihih	OM Peace, Peace, Peace
om sahanA vavatu sahanau bhunaktu, saha	Let all of us protect each other together,
vIryam karavAvahai,	may all of us enjoy together,
tejasvi nAvadhItamastu mA vidviSAvahai ,	may all of us work together and let our study become
om zantih zantih zantih	radiant. Let there be no hatred between us.
	OM Peace, Peace, Peace
sarve bhavantu sukhinah, sarve santu	May all be happy,
nirAmayAh	May all be healthy,
sarve bhadrani pasyantu, mA kascid-	May all look auspicious,
dhukha-bhag-bhavet	May none suffer.
om ta-ch-cHam yO-rA -vR~ -Nee-ma-hE	** Om (The all encompassing sacred sound).
(Note: ch-cHam is Pronounced as ch-cHaiN^)	We salute the congregation.
gA-tum ya-gn^yA -ya	May the yagn^ya (sacrificial spirit) flourish.
gA-tum ya-gn^ya –pa -ta-yE	May the performer of yagn^ya (one with spirit of sacrifice)
dai-vee-ee sva-sti-ras-tu-na-ha	flourish.
sva-stir-mA-nu -SHE-bhya-ha	The divine grace be upon us. The divine grace be upon
Ur-dh-vam Ji-gA-tu bhE-SHa-Jam	mankind.
Shan nO as-tu dvi-pa-dE-E	May plants grow upwards (bountiful).
shan cha-tu-SHpa-dE	Auspiciousness be to the two footed animals.
om shAn-tih shAn-tih shAn-ti-hi	Auspiciousness be to the four footed (animals).
	Om (The all encompassing sacred sound).
	(May) threefold peace (prevail).
	Peace-(from natural calamities, acts of god, a-dhi-dai-vik),
	peace-(from physical ailments, a-dhi-bhau-tik),
	peace- (within, a-dhyAt-mik)
tvamevatmAta ca pita tvameva , tvameva	oh god, you're the father , mother , relative , and friend.
bandhu ca sakha tvameva	you're the god of education and knowledge. You're
tvameva vidya draviNam tvameva , tvameva	everything and all over.
sarvam mama deva deva	

Aarti – Offering					
Sloka* (Hymn)	Meaning				
om jaya jagdiza hare	Oh Lord of the whole Universe				
swAmi jaya Jagadiza hare	Mighty Lord of the whole Universe				
bhakta janonke sankata	The agonies of devotees				
dAsa janonke sankata	The sorrows of devotees				
kzana men dUra kare	In an instant, you make these go away				
om jaya Jagadiza hare	Oh Lord of the whole Universe				
jo dhyAve phala pAve	He who's immersed in devotion				
dukha bina se mana kA	With a mind without sadness				
swami dukha bina se mana kA	Lord, with a mind without sadness				
sukha sampati ghara Ave	Joy, prosperity enter the home				
sukha sampati ghara Ave	Joy, prosperity enter the home				
kaSta mite tana kA	A body free of problems				
om jaya Jagadiza hare	Oh Lord of the whole Universe				
mAtA pitA tuma mere	You are my Mother and Father				
zarana karu main kiski	Whom should I take refuge with				
swAmi zarana karu main kiski	Lord, whom should I take refuge with				
tuma bina aura na dUjA	Without you, there is no other				
tuma bina aura na dUjA	Without you, there is no other				
ĀzA karUn main jiski	For whom I would wish				
om jaya jagadiza hare	Oh Lord of the whole Universe				
tuma pUrana paramAtmA	You are the ancient great soul,				
tuma AntarayAmi	You are the indweller				
swAmi tuma AntarayAmi	Lord, you are the indweller				
pAra brahma paramezwara	Perfect, Absolute, Supreme God				
pAra brahma paramezwara	Perfect, Absolute, Supreme God				
tuma saba ke swAmi	You are the Lord of everything and everyone,				
om jaya Jagadiza hare	Oh Lord of the whole Universe				
tuma karunA ke sAgara	You are an ocean of mercy				
tuma pAlana kartA	You are the protector				
swAmi tuma pAlana kartA	Lord, you are the protector				
mai mUrakh khalakhAmi	I am a simpleton with wrong wishes,				
mai sevaka tuma swAmi	I am a servant and you are the Lord				
kripA karo BhartA	Oh Lord,Grant me your divine grace				
om jaya Jagadiza hare	Oh Lord of the Universe				
tuma ho eka agochara	You are the one unseen				
saba ke prAnapati	Of all living beings				
swAmi saba ke prAnapati	The Lord of all living beings				
kisa vidhi milUn dayAmaya	Grant me a glimpse				
kisa vidhi milUn dayAmaya	Grant me a glimpse				
tuma ko main kumati	Guide me along the path to thee,				
om jaya jagadiza hare	Oh Lord of the Universe				
dIna bandhu dukha harata	Friend of the helpless and feeble				
thAkura tuma mere	Benevolent saviour of all				
swAmi thAkura tuma mere	Lord, benevolent saviour of all				
apane hAth uthao	Lift up your hand				

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apani sharani lagAo	Offer me thy refuge	
dwAra padA hUn tere	At thy feet	
om jaya jagadiza hare	Oh Lord of the Universe	
vishaya vikAra mitAvo	Removing earthly desires	
pApa haro devA	Defeating sin,Supreme Soul,	
swAmi pApa haro devA	Lord, defeating sin	
ŚradhA bhakti badhAo	With all my Faith and devotion	
ŚradhA bhakti badhAo	Oh Lord, With all my faith and devotion	
santana ki sevA	In Eternal Service Unto Thee,	
om jaya Jagadiza hare	Oh Mighty Lord of the whole Universe	

om jaya Jagadiza hareOh Mighty Lord of the whole Universe* From: http://en.wikipedia.org/wiki/Jai_Jagdish_Hare; Font modified to Harvard-Kyoto convention

OM

Bhajans On Ganesha

Courtesy: Mrs. Latha Raghavan

Ganesha Sharanam Sharanam Ganesha Sharanam Ganesha Sharanam Ganesha

Vaageesha Sharanam Sharanam Vaageesha Vageesha Sharanam Sharanam Vaageesha Vaageesha Sharanam Sharanam Vaageesha Vaageesha Sharanam Sharanam Vaageesha Vaageesha Sharanam Sharanam vaageesha Sharanam Vaageesha Vaageesha Sharanam Sharanam Vaageesha

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Sharanam Saareesha

Ganesha sharanam Sharanam Ganesha Ganesha Sharanam Sharanam Ganesha Sharanam Ganesha Sharanam Ganesha

Bhajans on Lord Shiva

Courtesy: Mrs. Latha Raghavan Hey Shiva Shankara Namaami Shankara Shiva Shankara Shambhoo Hey Shiva Shankara Namaami Sahnkara Shiva Shankara Sahmbhoo Hey Girijaapathi Bhavaani Shankara Bhavaani shanakara Bahvaani Shankara Shiva Shankara Shambhoo Shiva Shankara Shambhoo

Bolo Bolo Sab Mil Bolo Om Namah Shivaayaa Om Namah shivaayaa Om Namah Shivaayaa Bolo Bolo sab Mil Bolo Om Namah Shivaayaa Jhoota jataa May Gangaa Dhaaree trishool Dhaaree Damaroo Bhajaaray Dama Dama Dama Dama Damaroo Bhajaa Goonj Othaawo Namah Shivaayaa Om Namah Shivaayaa Om Namah Shaivaayaa Hari Om namah shivaayaa Sai Om Namah Shivaayaa

Shambhoo Mahaadeva Sadaashivaa

Ambuja Nayan Naaraayanaa

Hara Om Hara Om Sadaashivaa

Hari Om Hari Om Naarayanaa

Pannaga Bhooshana Sadaashiva

Pannaga Shayanaa Naarayana

Kailaasa Vaasa Sadaashivaa

Vaikuntaa Vaasa Naarayana

Gowri SamEtha Sadaashiva

Lakshmi SamEtha Naarayana

Paarvathi Ramana Sadaashivaa

Paapa Vimoochana Naarayana

Bhasma Vibhooshita sadaashivaa

Shree Gandha Lepita Naarayana

Anaatha Rakshaka Sadaashivaa

Aapat Bhaandhava Naarayana

Chinmaya Nandaa Sadaashivaa

Chinmaya roopa Naarayana

ShambhO Mahaadeva Sadaashivaa

Ambuja Nayana Naarayana

Ambuja Nayana Naarayana

Ambuja Nayana Naarayana

Ambuja Nayana Naarayana

BHAJANS ON LORD RAAMA

Courtesy: Mrs. Latha Raghavan

Raama Raama Raama Raama Raam Naama Taarakam

Raamakhrishna Vaasudeva Bhakti Mukti Daayakam

Jaanaki Manoharam sarva loka Naayakam

Shankaaradi Sevyamaana Divyanaama Vaibhavam

Shankaraadi sevyamaana Divyanaama Vaibhavam Raama Raama Raama Raama Raama Naama Taarakam Raama Naama Taarakam

Raama Naama Taarakam

Aatmaa Raama Aananda Ramana

Aatmaa Raama Aananada Ramana

Achyutha Keshava Hari Naaraayana

Achyutha Keshava Hari Naaraayana

Bhava Bhaya Harana Vandita Charana

Bhava Bhaya Harana Vandita Charana

Raghukula Bhooshana Raajeeva Lochana

Raghukula Bhooshana Raajeeva Lochana

Aadi Naaraayana Aananda Shayana

Aadi Naaraayana Aananda Shayana

Sachhidaananda Shree Satya Naaraayana

Sachhidaananda Shree Satya Naaraayana

Aatmaaraama Aananda Ramana

Aananda Ramana

Aananda Ramana

Raama Namoo Raama Namoo Raama Namoo Seetha Raama Namoo

Krisha Namoo Krisha Namoo Krishna Namoo Hari Krishna Namoo

Ravikula Thilakaa Raama Namoo

Yadhukula thilakaa Krishna Namoo.....Raama Namoo

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Dasharatha Nandana Raama Namoo Nandhaa Nandhana krishna Namoo......Raama Namoo Kowsalyaa Priya Raama Namoo Yashodhaa priya krishna Namoo.....Raama Namoo Raavana Mardhana Raama Namoo Kamsaa Mardhana Krishna Namoo.....Raama Namoo Seethaa Kaanthaa Raama Namoo Rukmini Kanthaa Krishna Namoo...Raama Namoo Aajaneya Priya Raama Namoo Arjunaa Priya Krishna Namoo...Raama namoo Ayodhya Vaasaa Raama Namoo Dwaaraka Vaasaa krishna Namoo....Raama Namoo Lakshmi Naayaka Raama Namoo

Raamaa Raaghavaa Hare Seethaa Naayakaa Raamaa Raaghavaa Hare Seethaa Naayakaa Raamaa Raaghava Rajeeva Lochana Raamaa Raaghava Rajeeva Lochana Kaamitha Paladha Kari Varadaa Kaamitha Paladha kari varadaa Krishnaa Keshavaa Raadha Gopee Maadhava Krishnaa Keshavaa Raadha Gopee Maadhava Krishnaa Keshava Ambuja Lochana Kaamitha Paladhaa Kari Varadaa

Kaamitha Paladhaa Kari varadha

Shree Raamachandra Krupaalu Bhajamana

Harana Bhava Bhaya Daarunam

Nava kancha Loochana Kancha Mukhakara

Kancha Pada Kanchaarunum

Shree Raam Jai raam

Shree Raam Jai Raam

Kandarpa Aganitha Amitha chabhi

Navaneela Neerada Sundaram

Patha Peetha Maanava taritha ruchi subhi

Naumi Janaka Sutaamaram

Shree Raam Jai Raam

Shree Raam Jai Raam

Bhajadeena Bhandhu Dineesha Daanava

Daitya Vamsa Nikandanam

Shree Raam Jai Raam

Shree Raam Jai Raam

Raghu Nanda Aananda Kanda Gosala

Chanda Dahsratha Nandanam

Shree Raam Jai Raam

Shree Raam Jai Raam

Sira Mukutha Kundala Tilakachaaru

Udhaara Angaa Vibhuushanam

Aajaanu Bhuja Shara Taapadhara

Sangraama Dhita Kara Dhooshanam

Shree Raam Jai Raam

Shree Raam Jai Raam

Iti Vadathee Tulasi Daasa Shankara

Shesha Muni Manaranjana

Mama Hrudaya Kanja Nivasaguru

Kaamaadi Kalatala Dhanjanam

Shree Raam Jai Raam

Shree Raam Jai Raam

Raghupathi Raaghava Raajaa Raam Pateetha Paavana Seethaaraam Eshwar Allah Teere Naam Sabkoo Sanmathi Dey Bhagavaan Raama Raama Jaya Raajaa Raam Raam Raam jaya Seethaa Raam Raam Raam Jaya Seethaa Raam Raam Raam Jaya Seethaa Raam * Courtesy: Mrs. Latha Raghavan

OM

Sri Narayana Bhajan and Notes

Om Namo Narayanayah Narayanayah Nama Om

Om Namo Namasivayah sivayah sivayah Nama om

Sri Narayana Jay Narayana

Sri Hari Narayana Narayana

bol Hari bol bol

Hari Hari bol bol

Keshava Madhava

Govinda bol bol

Sri Narayana Jay Narayana. Sri Hari Narayana Narayana

Hari Keh Premi

Hari Namah boloh

Prem seh boloh

Bhav seh boloh

Sri Narayana Jay Narayana. Sri Hari Narayana Narayana

Bhav seh boloh

muKh seh boloh

muKh seh boloh

hrudhaya seh boloh

Slokas and Bhajans

Say the name Hari. Say the names Keshava, Madhava, Govinda

Oh Devotee of Hari, Say the name Hari. Say it with love, say it with emotion

email: lokakshemam@gmail.com

Say it with emotion, say it with your

mouth and your heart!

Say it with your heart; say it sweetly! Say

Keshava, Madhava and Govinda

Sri Narayana Jay Narayana. Sri Hari Narayana Narayana

Hrudhaya seh boloh

maDhur seh boloh

Keshav Madhav

Govinda boloh

Sri Narayana Jay Narayana. Sri Hari Narayana Narayana

Sri Hari Narayana Narayana. Sri Hari Narayana ... Narayana

Notes:

Om (AUM) – Stands the Supreme Reality referred to as "Brahman" - worshipped by many names and forms; and realized as that which is beyond names and forms.

Narayana: One of the names given to the Supreme Reality or God. Literally means the "resting place of all living beings" or the "root or foundation of everything". Also known by many other names such as Hari, Keshava, Madhava, Govinda

Sri: A prefix of veneration; Sri also stands for Lakshmi (also another name for God!) – represents that wealth and prosperity are inseparable from God as God owns everything.

Siva: One of the names given to the Supreme reality or God. Literally means "auspicious One".

Pronunciation of Sanskrit Letters. In most of the Slokas section, we use a pronunciation guide based on the Harvard-Kyoto convention as below (the Bhajans are in IAST approach for now, IAST is a simple English transliteration).

			V	/ov	vels				
अ	आ	ङ	ক	ठ	भ	দ	ऐ	ओ	औ
а	А	i	I	u	U	е	ai	0	au

Sonorants						
ऋ	ॠ	ਲ	ॡ			
R	RR	IR	IRR			

Anusvāra/Visarga	
अं	अः
Μ	Н

Consonants									
क	ख	ग	घ	ਤਾਂ	Velar or	Velars are consonants articulated with the back part of the tongue (the dorsum) against the soft palate, the back part of the roof of the mouth, known also as the velum).			
k	kh	g	gh	G	<u>Soft</u> <u>Palate</u>	To produce these sounds, we stop the air at the soft palate. To stop the air, we use the base of the tongue.			
च	ন্ড	ज	झ	ञ	<u>Palatal</u>	Palatal consonants are consonants articulated with the body of the tongue raised against the hard palate (the			
с	ch	j	jh	J		middle part of the roof of the mouth). To produce these consonants, we stop the air at the hard palate. To stop the air, we use the middle of the tongue.			
ट	ਠ	ਤ	ढ	ण	<u>Retroflex</u>	Consonants with the tip of the tongue curled back against the palate are called retroflex . Also called,			
т	Th	D	Dh	N		"behind-the-bony-bump-on-the-roof-of-the-mouth consonants"			
त t	थ th	द d	ध dh	न n	<u>Dental</u>	A dental consonant is a consonant articulated with the tongue against the upper teeth, such as /t/, /d/, /n/, and /l/ in some languages. To produce these consonants, we stop the air at the base of the top row of teeth. To stop the air, we use the tip of the tongue.			
प	দ	ब	भ	ਸ	Labial	Labial consonants are consonants in which one or both lips are the active articulator. To produce these			
р	ph	b	bh	m		consonants, we stop the air with the lips.			
य y	र r	ल ।	व v		<u>Semi-</u> <u>vowel</u>	The consonants in this group are halfway between vowels and consonants.			
श	ষ	स	ह		<u>Fricative</u>	The "s"-sounds. The consonants in this group are all varieties of the hissing sound that you hear in words like "Sanskrit" and "sherpa." Fricatives are consonants			
z	S	s	h			produced by forcing air through a narrow channel made by placing two articulators close together.			

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References:

1. Above table from the wikipedia link for the Harvard-Kyoto Transliteration convention (H-K convention): <u>http://en.wikipedia.org/wiki/Harvard-Kyoto</u>

2. Practice these at: http://www.learnsanskrit.org/sounds Especially: http://www.learnsanskrit.org/sounds/consonants/ Courtesy: http://www.learnsanskrit.org/grammar

More details on consonants (Courtesy & reprinted with permission from Arun Prasad

http://www.learnsanskrit.org/)

Consonants that are produced by **stopping** the air flow are fittingly called *stops* or *stop consonants*. When pronouncing a stop consonant, the air flow stops within the mouth, and no air exits through the nose. Once the air is stopped, it is quickly released. This release produces a sound. An example of a stop is the letter "k." Here, the air stops at the back of the mouth before continuing.

The stop is related to the *nasal*, which is produced by stopping the air flow and **redirecting** it through the nose. An example of a nasal is the letter "m." Here, the air stops at the lips and goes through the nose instead.



http://i.imgur.com/UP9sl.png

The five points of pronunciation. This is an "inside" view of the mouth. The person in this image is looking left.

For both stops and nasals, we must know where to stop the air flow. For instance, "k" requires that we stop the air at the back of the mouth, and "m" requires that we stop the air at the lips. The spot where the air flow is stopped has many names, but I will just call it the *point of pronunciation*. There are five points of pronunciation in Sanskrit:

- The *soft palate*. The soft palate is the fleshy region at the very back of the mouth.
- The *hard palate*. The hard palate is the bony region at the top of the mouth.
- The area behind the *hard bump* on the roof of the mouth. This bump sits behind the teeth.
- The base of the teeth.
- The *lips*.

You can see that the list above starts at the back of the mouth and moves to the front. This is how the stops and nasals are ordered, too.

The vowels, too, are arranged according to their point of pronunciation. a is said to be pronounced at the soft palate, i at the hard palate, and u at the lips. r is not where we would expect; perhaps this is because r has a slightly odd pronunciation.