

**sri viSnu sahasranAma stotram – Selected Introductory Verses**

<b>Sloka (Hymn) *</b>	<b>Meaning</b>
Om SukiAmbara-dharam vishNum SaSivarnam catur- bhujam prasanna-vadanam dhyAyet sarva-vighnopaSAntaye.	(For the eradication of all obstructions) I meditate upon vishNu Who is clad in white robes, Who has a moonlike lustre, Who has four arms and Who has a beneficent face.
<i>vyAsam vasishta-naptAram Sakteh pautram akalmasham parAsarAtmajam vande Suka-tAtam tapo-nidhim.</i>	vyAsa is the great-grandson of vasishta and the grand-son of Sakti. He is the son of parAsara and the father of suka. I offer my obeisance to that vyAsa who is free from all defects and is a mine of austerities.
<i>vyAsAya vishNu-rUpAya vyAsa-rUpAya vishNave namo vai Brahma-nidhaye vAsishtAya namo namaH.</i>	My repeated salutations to vyAsa who is a form of vishNu and to vishNu who is a form of vyAsa- sage vyAsa, who is a descendent of vasishta and who is a treasure of brahman, (i.e. vedas).
<i>avikArAya SuddhAya nityAya paramAtmane sadaika-rUpa-rUpAya vishNave sarva-jishnave.</i>	My salutations to vishNu, Who is devoid of all mutations, Who is by nature pure and eternal, Who is endowed with a form which is uniform at all times, and Who is the victor all.
<i>yasya smaraNa-mAtreNa janma-samsAra-bandhanAt vimuchyate namas-tasmai vishNave prabhavishNave. Om namo vishNave prabhavishNave.</i>	My salutations to that superior deity vishNu, by a mere thought of Whose name all persons are freed from the bonds of samsara (birth and death). Salutations to that All-powerful vishNu, Who is signified by pranava (i.e. Omkara).

\* Introductory verses from: <http://godprayers.blogspot.com/2009/08/vishnu-sahasranamam-english-with.html>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>विश्वं विष्णुर्वषट्कारो भूतभव्यभवत्प्रभुः ।  भूतकृद्भूतमृद्भावो भूतात्मा भूतभावनः ॥</p> <p>viśvam viṣṇurvaṣatkāro  bhūtabhavyabhavatprabhuh    bhūtakṛdbhūtabhrdbhāvo  1. bhūtātmā bhūtabhāvanah   </p>	<p><b>Nama 1: vishvam</b> / a) Universe or Cause of Universe b) One who is full in all respects. Om visvaya namah.  <b>2. Vishnu:</b> - a) One who permeates everything, is inside every sentient and non-sentient being. b) One who surrounds everything. Om vishnave namah.  <b>3: vashatkara</b> / One who controls and directs (not merely pervades).  <b>4: bhuta-bhavya-bhavat-prabhu:</b> The Master of all things past, future, and present. Nirukti - trikAla vartinAm seshi - The Lord of all things that exist in the past, present, and future.  <b>5: bhuta-krit</b> / The creator of all beings.  <b>6 : bhuta-bhrt</b> / The supporter of all things. Bhutani bibharti iti bhuta-bhrt - One who supports all. (seems to be further elaborated by namas 8 and 9)  <b>7: bhavah</b> / He who exists with all the splendor. He who exists always, independent of anything else.  <b>8: bhutatma</b> / The AtmA or soul of all beings - sarvesham bhutanam atma  <b>9: bhuta-bhavanah</b> / One who nourishes and nurtures all beings that He created.</p>
<p>पूतात्मा परमात्मा च मुक्तानां परमा गतिः ।  अव्ययः पुरुषः साक्षी क्षेत्रज्ञोऽक्षर एव च ॥</p> <p>pūtātmā paramātmā ca  muktānān paramā gatih    avyayah puruṣah sāksī  2. kṣetrajñō'kṣara eva ca   </p>	<p><b>10: Putatma</b> / The Pure Self - One who is untainted by the effects of karma - good or bad. Puta Atma yasya sa putatma - One who has the pure Atma is pUtAtmA.  <b>11: paramatma</b> / The Supreme Soul - for whom there is no other guiding or superior soul  <b>12: muktanam parama gatih</b> / One who is the ultimate goal for all muktas or Released or Liberated Souls.  <b>13: avyayah</b> / a) One who does not send back anyone who has reached Him (to the cycle of birth and rebirth).(Sri Bhattar) b) Indestructible (Sri Sankara)  <b>14: purushah</b> / a) One who bestows on the Muktas the enjoyment of the Bliss of Himself in plenty.- puru sanoti iti purushah. b) One who is reclining in this body - puri sete iti purushah. c) One who existed before anything else existed - purA Aslt iti purushah. d) One who completes and fulfills existence everywhere - pUrayati iti purushah  <b>15: sakshi</b> / One who directly witnesses everything as it is. The All-Knower, The Omniscient.  <b>16:kshetrajnah</b> / One who knows, and can lead, the muktas to the exact place where the muktas will get their sought-after Supreme Bliss.</p>

sri viSnu sahasranAma strotam – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>योगो योगविदां नेता प्रधानपुरुषेश्वरः ।  नारसिंहवपुः श्रीमान् केशवः पुरुषोत्तमः ॥</p> <p>yogo yogavidān netā  pradhānapuruṣeśvaraḥ    nārasimhavapuh śrīmān  3. keśavaḥ puruṣottamaḥ   </p>	<p><b>17. akshara</b> / One whose greatness never diminishes over time in spite of being enjoyed by the muktas constantly. na ksharati iti aksharah .</p> <p><b>18. yogah</b> / One Who alone is the definite and unobstructed means to salvation. The word yoga is derived from the word yujyate which means "with whose help the goal is attained".</p> <p><b>19. yogavitam neta</b> / One who leads those who practice yoga until they reach their Goal.</p> <p><b>20. pradhana purusha Isvarah</b> / One who is the Lord of Primordial Matter as well as the Jivas.</p> <p><b>21. narasimha vapuh</b> / One who possesses a body of man and lion combined.</p> <p><b>22. sriman</b> / One with a lovely form.</p> <p><b>23. kesavah</b> / One with lovely locks of hair.</p> <p><b>24. purushottamah</b> / The Supreme amongst the purushas (i.e., individualsouls).</p>
<p>सर्वः शर्वः शिवः स्थाणुर्भूतादिर्निधिरव्ययः ।  संभवो भावनो भर्ता प्रभवः प्रभुरीश्वरः ॥</p> <p>sarvaḥ śarvaḥ śivaḥ sthāṇur  bhūtādirnidhiravyayah    sambhavo bhāvano bhartā  4. prabhavaḥ prabhurīśvaraḥ   </p>	<p><b>25. sarvah</b> / (sa as in sanatana) One who is all - the cause of creation and destruction of all things.</p> <p><b>26. sharvah</b> / (sa as in Shiva) The Remover of all sins.</p> <p><b>27. shivah</b> / One who confers auspiciousness. subha avahasca sivaḥ - One who bestows auspiciousness on all.</p> <p><b>28. sthanuh</b> / One who is .firm in His benefits and anugraha to the devotees.</p> <p><b>29. bhutadih</b> / a) One who is eagerly sought after by all beings. b) The source or cause of all beings. c) The very source of the panca bhutas.</p> <p><b>30. nidhiravyayah</b> / The inexhaustible treasure.</p> <p><b>31. sambhavah</b> / (Though like a Hidden Treasure), One who manifests Himself at will to those who sincerely seek Him. He manifests Himself at any place and at any time and in any form (e.g., nrsimha, matsya, kurma, etc.).</p> <p><b>32. bhavanah</b> / (Having manifested thus), One who regenerates all by dispelling all their evils.</p> <p><b>33. bharta</b> / Supporter.</p> <p><b>34. prabhavah</b> / One whose birth is of a sublime nature.</p> <p><b>35. prabhuh</b> / He who is all powerful.</p> <p><b>36. Isvarah</b> / a) One who has the supreme power of control over all beings. b) One</p>

sri viSnu sahasranAma strotam – thousand names of the omnipresent

Sloka (Hymn)	Meaning
	who has the ability to do anything without the help of any other beings or things
<p>स्वयंभूः शम्भुरादित्यः पुष्कराक्षो महास्वनः ।  अनादिनिधनो धाता विधाता धातुरुत्तमः ॥</p> <p>svayambhūḥ śambhurādityaḥ  puṣkarākṣo mahāsvanaḥ    anādinidhano dhātā  5. vidhātā dhāturuttamaḥ   </p>	<p><b>37. svayambhuh</b> / He who manifests Himself by His own free will.  <b>38. shambhuh</b> / One who causes happiness to everyone by the beauty of His appearance.  <b>39. Adityah</b> / a) The purusha in the Sun. b) One of the twelve Adityas. c) One who sustains and nourishes everything like the Sun.  <b>40. pushkarakshah</b> / The Lotus-eyed.  <b>41. maha-svanah</b> / He of the venerable sound (of the Vedas).  <b>42. anadi-nidhanah</b> / One who is without beginning or end.  <b>43. dhata</b> / The creator (of .Brahma and others).  <b>44. vidhata</b> / The producer (of Brahma from the fetus referred to above).  <b>45. dhaturuttamah</b> / a) One who is far superior to Brahma (dhatr). b) The best of all basic constituents</p>
<p>अप्रमेयो हृषीकेशः पद्मनाभोऽमरप्रभुः ।  विश्वकर्मा मनुस्त्वष्टा स्थविष्ठः स्थविरो ध्रुवः ॥</p> <p>aprameyo hrṣīkeśaḥ  padmanābho'maraprabhuḥ    viśvakarmā manustvaṣṭā  6. sthaviṣṭhaḥ sthavīro dhruvaḥ   </p>	<p><b>46. aprameyah</b> / One who cannot be defined, explained, measured, etc. through logical means, (but who can only be experienced)  <b>47. hrshikesah</b> / a) The controller of the sense-organs of all including Brahma, Rudra, etc.  b) One who, in the form of the Sun and the Moon, makes this world happy through His rays  <b>48. padma-nabhah</b> / One from whose navel the lotus (the cause of the Universe) emanates.  <b>49. amara-prabhuh</b> / The Lord of the immortal gods.  <b>50. visva karma</b> / a) One who is the agent of all actions with regard to the Universe.  b) The Creator of the Universe.  <b>51. manuh</b> / The Great Thinker: Mananat manuh -  <b>52. tvashta</b> / One who created all the different forms and names in this Universe.  <b>53. sthavishtah</b> / One who is exceedingly huge in size.  <b>54. sthavirah</b> / One who has always existed, Older than the oldest.  <b>55. dhruvah</b> / One who is unaffected by Time, Unchanging, Permanent.</p>
	<b>56. agrahyah</b> / One who is beyond the grasp of others.

sri viSnu sahasranAma stotram – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>अग्राह्यः शाश्वतो कृष्णो लोहिताक्षः प्रतर्दनः ।  प्रभूतस्त्रिककुब्धाम पवित्रं मङ्गलं परम् ॥ ७  agrāhyaḥ śāśvato kṛṣṇo  lohitākṣaḥ pratardanaḥ    prabhūtastrikakubdhāma  7. pavitram maṅgalaṁ param   </p>	<p>57. <b>shashvatah</b> / One who is eternal.  58. <b>krshnah</b> / a) One who is always in a state of Bliss (with His sport of creation etc.). b) One who has a dark-blue complexion.  59. <b>lohitakshah</b> / One with eyes red like the beautiful lotus flower.  60. <b>prarddanah</b> / The Destroyer.  61. <b>prabhutah</b> / One who is affluent, ever full, and well-endowed with wisdom, greatness, and other qualities.  62. <b>tri-kakud-dhama</b> / There are three words in this name - <i>tri</i>, <i>kakub</i> or <i>kakut</i>, and <i>dhAma</i>.  63. <b>pavitram</b> / Purity Incarnate.  64. <b>mangalam param</b> / The Embodiment of Supreme Auspiciousness.</p>
<p>ईशानः प्राणदः प्राणो ज्येष्ठः श्रेष्ठः प्रजापतिः ।  हिरण्यगर्भो भूगर्भो माधवो मधुसूदनः ॥  īśānaḥ prāṇadaḥ prāṇo  jyesthaḥ śresthaḥ prajāpatih    hiranyagarbho bhūgarbho  8. mādhavo madhusūdanaḥ   </p>	<p>65. <b>isanah</b> / The controller.  66. <b>prana_dah</b> / The life-giver.  67. <b>pranah</b> / Life.  68. <b>jyeshthah</b> / Older than the oldest.  69. <b>sreshthah</b> / Most praise-worthy.  70. <b>prajapatih</b> / Lord of the Ever-free Angels.  71. <b>hiranyagarbah</b> / He who is in a lovely Abode.  72. <b>bhugarbhah</b> / One for whom the Earth is the object of protection.  73. <b>madhavah</b> / a) The consort of MA or Lakshmi. b) One who is attained through the Madhu vidya, or through mauna, dhyana, and yoga. c) The Lord of knowledge or the propounder of the knowledge of the Supreme Being. d) One who is born in the race of Madhu, a yadhava. e) One for whom there is no Lord (i.e., One who is the Lord of everyone)  f) A silent observer, a maunee,  74) <b>madhusudhanah</b> / The slayer of the evil demon called Madhu.</p>
	<p>75. <b>isvarah</b> / The Ruler.  76. <b>vikraml</b> / a) The most courageous, The most powerful. b) One who has the "Special" footsteps viz. Vamana.  77. <b>dhanvi</b> / The wielder of the bow.</p>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

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<p>ईश्वरो विक्रमी धन्वी मेधावी विक्रमः क्रमः ।  अनुत्तमो दुराधर्षः कृतज्ञः कृतिरात्मवान् ॥  Íśvaro vikramee dhanvee  medhāvee vikramah kramah    anuttamo durādharṣah  9. krtajñah kṛtirātmavān   </p>	<p><b>78. medhavi</b> / One who is capable of powerful memory.  <b>79. vikramah</b> / a) One with great strides (see nAma 76), such as in the vAmana incarnation. b) One who rides on the king of birds, the Garuda.  <b>80. kramah</b> / a) One who is the basis for the order in the Universe. b) One who controls and bestows the power of movement. c) One who is highly prosperous.  <b>81. anuttamah</b> / One for whom there is nothing superior or better.  <b>82. duradharshah</b> / One who cannot be overcome by the demons and others.  <b>83. krtajnah</b> / One who is grateful.  <b>84. krtih</b> / One who is the cause of the virtuous act of His devotees.  <b>85. atmavan</b> / The real Owner and Controller of the souls of those who do these virtuous acts.</p>
<p>सुरेशः शरणं शर्म विश्वरेताः प्रजाभवः ।  अहः संवत्सरोव्यालः प्रत्ययः सर्वदर्शनः ॥  sureśah śaraṇam śarma  viśvaretāḥ prajābhavaḥ    ahah samvatsaro vyālah  10. pratyayah sarvadarśanah   </p>	<p><b>86. sureshah</b> / a) The Lord of all the other gods. b) The best among those who can bestow their devotees' desires.  <b>87. saranam</b> / The Refuge.  <b>88. sarma</b> / One who is Bliss, the Highest Goal to be attained.  <b>89. visvaretAh</b> / The seed for the Universe.  <b>90. prajabhavah</b> / One from whom all beings have originated.  <b>91. ahah</b> / a) One who never forsakes anyone. b) One who is like the Day that awakens people from ignorance. c) One who does not destroy His devotees.  <b>92. samvatsarah</b> / He who lives for the uplift of His devotees.  <b>93. vyalah</b> / a) One who accepts the devotees - e.g., vibhishana. b) One who is beyond grasp such as a vyAla - a serpent, an elephant, a tiger, etc.  <b>94. pratyayah</b> / One who can be relied upon.  <b>95. sarvadarsanah</b> / a) One who shows all His grace to His devotees. b) The All-seeing.</p>
	<p><b>96. ajah</b> / a) Unborn. b) The Remover of all obstacles. c) One who moves in the hearts of the devotees. d) One who removes the ignorance from the hearts of His devotees. e) One who is the root of all sound (akshara "a").  <b>97. sarvesvarah</b> / a) One who reaches all who seek Him. b) One who is the isvara for all isvaras.  <b>98. siddhah</b> / One who is available at the hands of His devotees. 99. siddhih / The</p>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

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<p>अजः सर्वेश्वरः सिद्धः सिद्धिः सर्वादिरच्युतः ।  वृषाकपिरमेयात्मा सर्वयोगविनिःसृतः ॥</p> <p>ajah sarveśvarah siddhah  siddhiḥ sarvādiracyutaḥ    vrśākāpirameyātmā  11. sarvayogaviniḥsṛtaḥ   </p>	<p>Goal.  <b>100. sarvadih</b> / The Origin or Cause of all things.  <b>101. acyutah</b> / a) One who has never slipped from His glory. b) One who never lets His devotees slip. c) One who undergoes no modifications such as birth, growth, decay, disease, etc.  <b>102. vrishakapih</b> / One who lifted the Earth from the waters of adharma in the form of varaha. <b>103. ameyatma</b> / One whose Nature cannot be comprehended.  <b>104. sarva yoga vinissritah</b> / a) One who is beyond any attachment. b) One who is easily attained by all means by His devotees</p>
<p>वसुर्वसुमनाः सत्यः समात्माऽसम्मितः समः ।  अमोघः पुण्डरीकाक्षो वृषकर्मा वृषाकृतिः ॥</p> <p>vasurvasumanāḥ satyah  samātmā'sammitah samah    amoghah pundarikākṣo  12. vrśakarmā vrśakṛtiḥ   </p>	<p><b>105. vasuh</b> / a) One who dwells in the hearts of His devotees. b) One who dwells in the Milk-Ocean. c) One who is the wealth that His devotees seek. d) The best among the eight vasus - pavaka. e) One who lives in the sky.  <b>106. vasumanah</b> / Om vasumanase namah / a) One who has a 'wealthy' or rich mind. b) One who has a mind which thinks of His devotees as a treasure.  <b>107. satyah</b> / Om satyaya namah / a) The Truth. b) One whose form is made up of prana, matter and sun. c) One who is well-disposed towards the good.  <b>108. samatma</b> / Om samatmane namah - One who has an even mind.  <b>109. sammitah</b> / Om sammitaya namah / a) One who has let Himself be understood (controlled) by His devotees. b) The One Truth who is accepted by the Rsihis and revealed in the Upanishads.  <b>110. samah</b> / Om samaya namah / One who treats all His devotees equally.  <b>111. amoghah</b> / Om amoghaya namah / One who always gives fruits to those who worship Him.  <b>112. pundarikakshah</b> / Om pundarikakshaya namah / a) One whose eyes are beautiful like the lotus flower. b) One who resides in the heart space of everyone and observes all. c) One who is like the eye to the residents of SrivaikunTham.  <b>113. vrishakarma</b> / Om vrshakarmane namah / One who is of righteous actions.  <b>114. vrishakriti</b> / Om vrshakrtaye namah / One who is an embodiment of dharma.</p>
	<p><b>115. rudrah</b> / a) One who brings tears to the eyes. b) One who confers the good on the</p>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

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<p>रुद्रो बहुशिरा बभ्रुर्विश्वयोनिः शुचिश्रवाः ।  अमृतः शाश्वत स्थाणुर्वरारोहो महातपाः ॥</p> <p>rudro bahuśirā babhrur  viśvayoniḥ śuciśravāḥ    amṛtaḥ śāśvata sthāṇur  13. varāroho mahātapāḥ   </p>	<p>devotees. c) One who destroys misery. Om rudraya namah.  <b>116. bahu-sirAh</b> / One who is multi-headed. Om bahu-sirase namah.  <b>117. babhruh</b> / The Supporter. Om babhrave namah.  <b>118. visva-yonih</b> / a) The cause of this world. b) One who unites His devotees with Himself. Om visva-yonaye namah.  <b>119. suci-sravah</b> / a) One who listens to words which are pure. b) One whose names are worthy of being heard. c) One who has beautiful and divine ears. Om Suci-Sravase namah.  <b>120. amritah</b> / a) The unsatiating nectar to His devotees. b) One who is Immortal. Om amritaya namah.  <b>121. sasvata-sthanuh</b> / One who is Eternally Firm. Om Sasvata-sthanave namah.  <b>122. vararohah</b> / a) One who is the most supreme object of attainment. b) One of Excellent Ascent. Om vararohaya namah.  <b>123. maha-tapah</b> / One who is endowed with great knowledge. Om maha-tapase namah.</p>
<p>सर्वगः सर्वविद्भानुर्विष्वक्सेनो जनार्दनः ।  वेदो वेदविद्व्यङ्गो वेदाङ्गो वेदवित्कविः ॥</p> <p>sarvagah sarvavidbhānur  viśvakseno janārdanaḥ    vedo vedavidavyaṅgo  14. vedāṅgo vedavit kavīḥ   </p>	<p><b>124. sarva-gah</b> / One who reaches all. Om sarvagaya namah.  <b>125. sarva-vit</b> / One who is the All-knower. Om sarva-vid namah.  <b>126. bhanuh</b> / One who shines. Om bhanave namah.  <b>127. vishvak-senah</b> / One who has His army in all directions for the protection of all. Om vishvaksenaya namah.  <b>128. janardanaḥ</b> / a) One who destroys the wicked. b) One who protects people from the wicked. c) One who is approached by devotees for their wishes. Om janardanaya namah.  <b>129. vedah</b> / One who is the embodiment of scriptures. Om vedaya namah.  <b>130. vedavit</b> / The true knower of the meaning of the vedas. Om veda-vid namah.  <b>131. avya-ngah</b> / One who has no imperfections. Om avya-ngaya namah.  <b>132. veda-ngah</b> / a) One who has Vedas as His body. b) One who has the srutis and smritis as His body. Om vedangaya namah.  <b>133. vedavit</b> / One who knows not only the Vedas, but the true meaning behind the Vedas, viz. the dharma. Om vedavide namah.  <b>134. kavīh</b> / One who cognizes beyond ordinary perception.</p>



sri viSnu sahasranAma stotram – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>लोकाध्यक्षः सुराध्यक्षो धर्माध्यक्षः कृताकृतः । चतुरात्मा चतुर्व्यूहश्चतुर्दंष्ट्रश्चतुर्भुजः ॥ lokādhyakṣah surādhyakṣo dharmādhyakṣah kṛtākṛtah   caturātmā caturvyūhah 15. caturdaṁṣṭraścaturbhujah   </p>	<p><b>135. lokadhyakshah</b> - Lord of the worlds, Master or superintendent of all people who should practice dharma. Om lokadhyakshaya namah. <b>136 - suradhyakshah</b> - Master of the devas, Om suradhyakshaya namah. <b>137 - dharmadhyakshah.</b> Master of dharma, the way the Supreme should be worshipped. Om dharmadhyakshaya namah. <b>138. kritakritah</b> / a) The grantor of fruits that are this this-worldly as well as those that are eternal. b) One who is both the cause and effect of all things. c) One who has a form which is nitya or permanent, as well as transient forms. <b>139. caturatma</b> / One whose Self has a four-fold manifestation. Om caturatmane namah. <b>140 - catur-vyuhah</b> / One with four forms (the vyuha forms). Om catur-vyuhaya namah. <b>141 - catur-damshtrah</b> / He of four teeth. Om catur-damshtraya namah. <b>142 - catur-bhujah</b> / One with four arms. Om catur-bhujaya namah.</p>
<p>भ्राजिष्णुर्भोजनम्भोक्ता सहिष्णुर्जगदादिजः । अनघो विजयो जेता विश्वयोनिः पुनर्वसुः ॥ bhrājīṣṇurbhojanambhoktā sahiṣṇurjagadādijah   anagho vijayo jetā 16. viśvayoniḥ punarvasuh   </p>	<p><b>143. bhrajishnuh</b> / One who is effulgent. Om brajishnave namah. <b>144. bhojanam</b> / One who is the object of enjoyment. Om bhojanaya namah. <b>145. bhokta</b> / The Enjoyer. Om bhoktre namah. <b>146. sahisnuh</b> / The Forgiver. Om sahisnave namah. <b>147. jagadadijah</b> / He who was born at the beginning of the Universe. Om jagadadijaya namah. <b>148. anagah</b> / One who is Sinless, uncontaminated. Om anaghaya namah. <b>149. vijayah</b> / Victory Incarnate. Om vijayaya namah. <b>150. jeta</b> / The conqueror. Om jetre namah. <b>151. visva-yonih</b> / The Cause of the Universe. Om visva-yonaye namah. <b>152. punarvasuh</b> / One who lives again and again as the antaratma of all His creations.</p>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>उपेन्द्रो वामनः प्राम्शुरमोघः शुचिरूर्जितः ।  अतीन्द्रः सम्ग्रहः सर्गो धृतात्मा नियमो यमः ॥</p> <p>upendro vāmanah prāmsur  amoghah śucirūrjitah    atīndrah samgrahah sargo  17. dhṛtātmā niyamo yamah   </p>	<p><b>153. upendrah</b> / a) One who appeared as the younger brother of Indra to help him. b) One who is superior to Indra. Om upendraya namah.  <b>154. vamanah</b> / One with the Dwarf form. Om vamanaya namah.  <b>155. pramsuh</b> / The Tall. Om pramsave namah.  <b>156. amoghah</b> / One whose acts are never purposeless. Om amoghaya namah.  <b>157. sucih</b> / Pure. Om sucaye namah.  <b>158. urjitah</b> / One who is endowed with immense strength. Om Urritaya namah.  <b>159. atIndrah</b> / One who is superior to Indra. Om atindraya namah.  <b>160. samgrahah</b> / a) He who is easily reached. b) He who has everyone under His control. Om samgrahaya namah.  <b>161. sargah</b> / The creator of Himself. Om sargaya namah.  <b>162. dhritatma</b> / The supporter of all the jivatmas. Om dhritatmane namah.  <b>163. niyamah</b> / The Controller. Om niyamaya namah.  <b>164. yamah</b> / The Ruler. Om yamaya namah.</p>
<p>वेद्यो वैद्यः सदायोगी वीरहा माधवो मधुः ।  अतीन्द्रियो महामायो महोत्साहो महाबलः ॥</p> <p>vedyo vaidyah sadāyogī  virahā mādhave madhuh    atīndriyo mahāmāyo  18. mahotsāho mahābalaḥ   </p>	<p><b>165. vedyah</b> / a) He who can be realized. b) That which should be known or realized. Om vedyaya namah.  <b>166. vaidyah</b> / The knower of vidya or knowledge. Om vaidyaya namah.  <b>167. sada-yogi</b> / a) One who is always awake with respect to His devotees. b) One who unites this Universe as the sarva-vyapic) One who always follows the dharmic way. d) One who is in constant yogic meditation e) One who always displays the samatva-bhava, i.e., treats everyone equally. Om sada-yogine namah.  <b>168. vira-ha</b> / The slayer of strong men of wicked nature. Om viraghne namah.  <b>169. madhavah</b> / The propounder of the knowledge of the Supreme Being. Om madhavaya namah.  <b>170. madhuh</b> / One who is like honey to His devotees. Om madhave namah.  <b>171. atindriyah</b> / He who is beyond the range of the sense organs. Om atIndriyaya namah.  <b>172. maha-mayah</b> / One who is possessed of wonderful power of enchantment. Om maha-mayaya namah.  <b>173. mahotsahah</b> / He of great enthusiasm. Om mahotsahaya namah.  <b>174. maha-balah</b> / One with immeasurable strength - The Omnipotent. Om mahabalaya namah.</p>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>महाबुद्धिर्महावीर्यो महाशक्तिर्महाद्युतिः ।  अनिर्देश्यवपुः श्रीमानमेयात्मा महाद्रिधृक् ॥</p> <p>mahābuddhirmahāvīryo  mahāśaktirmahādyutih    anirdesyavapuh śrīmān  19. ameyātmā mahādridhrk   </p>	<p>175. <b>maha-buddhih</b> / He of infinite knowledge. Om maha-buddhaye namah.  176. <b>maha-viryah</b> / He of great virility. Om maha-viryaya namah.  177. <b>maha-Saktih</b> / Of immense power. Om maha-saktaye namah.  178. <b>maha-dyutih</b> / He of great splendor. Om maha-dyutaye namah.  179. <b>anirdesya-vapuh</b> / He who possesses an indescribable body. Om anirdesya-vapushe namah.  180. <b>srlman</b> / Possessed of beauty. Om Srimate namah.  181. <b>ameyatma</b> / He of an incomprehensible nature. Om ameyatmane namah.  182. <b>mahadri-dhrit</b> / The bearer of the great mountain. Om mahadri-dhrite namah.</p>
<p>महेष्वासो महीभर्ता श्रीनिवासः सतांगतिः ।  अनिरुद्धः सुरानन्दो गोविन्दो गोविदांपतिः</p> <p>mahesvāso mahībhartā  śrīnivāsaḥ satāngatih    aniruddhaḥ surānando  20. govindo govidāmpatih   </p>	<p>183. <b>maheshvasah</b> / a) The discharger of great arrows, b) The wielder of the mighty bow. Om maheshvasaya namah.  184. <b>mahi-bharta</b> / The bearer of the earth. Om mahi-bhartre namah.  185. <b>Srinivasah</b> / In whom Lakshmi resides. Om Srinivasaya namah.  186. <b>satam-gatih</b> / The Ultimate Goal for all spiritual seekers. Om satam-gataye namah.  187. <b>aniruddhah</b> / One who cannot be obstructed or resisted by anyone. Om aniruddhaya namah.  188. <b>suranandah</b> / One who gives delight to the gods. Om suranandaya namah.  189. <b>govindah</b> / a) One who is praised by the gods (for His help). b) One who dug out the Earth from the depths of the Ocean. c) The protector of cows. d) One who confers the Vedas. Om govindaya namah.  190. <b>govidam patih</b> / The protector of those who know the Vedas. Om govidam-pataye namah.</p>

**sri viSnu sahasranAma stotram – thousand names of the omnipresent**

Sloka (Hymn)	Meaning
<p>मरीचिर्दमनो हंसः सुपर्णो भुजगोत्तमः । हिरण्यनाभः सुतपाः पद्मनाभः प्रजापतिः ॥ २१ ॥</p> <p>marīcirdamano hamsaḥ suparṇo bhujagottamaḥ hiraṇyanābhaḥ sutapaḥ padmanābhaḥ prajāpatiḥ 21</p>	<p><b>191. maricīh</b> / Ray of light. Om maricaye namaḥ.  <b>192. damanah</b> / a) Dispeller (of the samsara bharam), b) One who controls and punishes those who swerve from their prescribed path. Om damanaya namaḥ  <b>193. hamsah</b> / One who is like the swan. Om hamsaya namaḥ.  <b>194. suparnah</b> / a) (literally) One possessed of charming feathers. b) One who can lead men to the other shore across the ocean of samsara. Om suparnaya namaḥ.  <b>195. bhujagottamah</b> / The Master of the Serpent AdiSesha. Om bhujagottamaya namaḥ.  <b>196. hiranya-nabhah</b> / One who has a beautiful navel with a golden hue, One who supports in His navel the creator, hiranyagarbha. Om hiranya-nabhaya namaḥ.  <b>197. sutapah</b> / a) One who is possessed of supreme knowledge. b) One with consistent creative thinking. Om sutapase namaḥ.  <b>198. padma_nabhah</b> / a) One who has the lotus emanating from his navel (carrying Brahma), b) One who resides in the center of everyone's heart. Om padma nabhaya namaḥ.  <b>199. prajapatih</b> / The Lord of beings. Om prajapataye namaḥ.</p>
<p>अमृत्युः सर्वदृक् सिंहः संधाता सन्धिमान् स्थिरः । अजो दुर्मर्षणः शास्ता विश्रुतात्मा सुरारिहा ॥ २२ ॥</p> <p>aṃṛtyuḥ sarvadṛk simhaḥ sandhātā sandhimān sthiraḥ ajo durmarṣaṇaḥ śāstā viśrutātma surārihā 22</p>	<p><b>200. amrityuh</b> / One who is beyond death or decay. Om amrityave namaḥ.  <b>201. sarvadrik</b> / All-seeing. Om sarva-drse namaḥ.  <b>202. simhah</b> / a) The Lion, b) Destroyer. Om simhaya namaḥ.  <b>203. sandhata</b> / a) One who unites His devotees with Him b) One who unites the beings with the fruits of their actions. Om sandhatre namaḥ.  <b>204. sandhiman</b> / One who is always united with His devotees. Om sandhimate namaḥ.  <b>205. sthirah</b> / One who is firm in His relation to His devotees. Om sthiraya namaḥ.  <b>206. ajah</b> / a) Unborn, b) Remover of obstacles, c) One who moves in the hearts of the devotees, d) One who removes the ignorance from the hearts of His devotees, e) One who is the root of all sound (akshara "a"). Om ajaya namaḥ.  <b>207. durmarshanah</b> / The Unassailable. Om durmarshanaya namaḥ.  <b>208. sasta</b> / The Teacher. Om sastre namaḥ.  <b>209. visrutatma</b> / a) One whose exploits are praised with wonder, b) One who is called by special names (such as Truth, Knowledge, etc), c) One whose praise is sung in various forms, d) One whose Atma is of a special Nature.  <b>210. surari-ha</b> / The slayer of the enemies of the gods. Om surarighne namaḥ.</p>

sri viSnu sahasranAma stotram – thousand names of the omnipresent

Sloka (Hymn)	Meaning
<p>गुरुः गुरुतमो धामः सत्य सत्यपराक्रमः । निमिषोऽनिमिषः स्रग्वी वाचस्पतिरुदारधीः ॥ २३ ॥</p> <p>guruh gurutamō dhāmah satya satyaparākramah nimisho'nimishah sragvī vācaspatirudāradhīh 23</p>	<p><b>211. gurur-guru-tamah</b> / The foremost among the preceptors. Om gurutamaya gurave namah.  <b>212 - dhama</b> / a) The Place of Residence. b) The Supreme Light. c) The Abode of all desired things. Om dhamne namah.  <b>213. satyah</b> / The Good. Om satyaya namah.  <b>214. satya-parakramah</b> / One of unfailing valor. Om satyaparakramaya namah.  <b>215. nimishah</b> / One whose eyes are closed (towards the enemies of His devotees). Om nimishaya namah.  <b>216. animishah</b> / One with eyes closed. Om animishaya namah.  <b>217. sragvi</b> / Adorned with the garland (vajrayanti). Om sragvine namah.  <b>218. vacaspatih</b> / The Lord of Speech. Om vacaspataye namah.  <b>219. udara-dhih</b> / One with vast knowledge. Om udara-dhiye namah.</p>
<p>अग्रणीर्ग्रामणीः श्रीमान् न्यायो नेता समीरणः । सहस्र मूर्धा विश्वात्मा सहस्राक्षः सहस्रपात् ॥ २४ ॥</p> <p>agraṇīrgrāmaṇīḥ śrīmān nyāyo netā samīraṇaḥ sahasra mūrdhā viśvātma sahasrākṣaḥ sahasrapāt 24</p>	<p><b>220. agranih</b> / One who leads forward. Om agranye namah.  <b>221. gramanih</b> / Leader of the hosts of angels. Om gramanye namah.  <b>222. sriman</b> / a) One who is endowed with wealth. b) One who is full of all glories. c) One who is radiant. d) The Lord of Mahalakshmi e) One who has Mahalakshmi in his vaksha-sthala. f) One who is endowed with all the powers. Om Srimate namah.  <b>223. nyayah</b> / a) The Just. b) Logical arguments (tarka) and lines of contemplation (yukti) that help us in arriving at the absolute experience. Om nyayaya namah.  <b>224. neta</b> / a) One who fulfills the requests of His devotees. b) One who manages or regulates the affairs of the cosmos. Om netre namah.  <b>225. samiranah</b> / a) One who performs acts which are delectable. b) One who controls all movements (e.g., breath) in beings. Om samiranaya namah.  <b>226. sahasra-murdha</b> / The thousand-headed.  <b>227. visvatma</b> / The very soul of the Universe; the very inner Essence in all living creatures. Om visvatmane namah. visvasya atma visvatma.  <b>228. sahasra-akshah</b> / The thousand-eyed.  <b>229. sahasra-pat</b> / The thousand-footed. Om sahasra-murdhne namah; Om sahasrakshaya namah; Om sahasra-pade namah.</p>
	<p><b>To be continued...</b></p>